



KidCentric, Inc.
Child Care That Works
www.kidcentric.com

October 2008 Parent-Child Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Make a family fire evacuation plan National Fire Prevention Week	2 Hug your child	3	4 Wash the car
5 Do something nice for a teacher International Teachers' Day Make footprints for you and your child Visit a museum	6 Draw a picture with chalk Have a physical examination National Child Health Day Take binoculars outside and see what you can see	7 Learn a tongue twister Play "Hide and Seek"	8 Have a pillow fight Update your disaster supply kit	9 Invite a friend over to play Make hand shadows	10	11 Learn about the discovery of America Test your smoke detector
12 Dance with your child Go roller skating Make up a story with your child National Roller Skating Month Watch birds	13 Columbus Day Make a fun snack Paint a rock for use as a paperweight	14 Learn about elephants Take a walk	15 National Poetry Day Read a poem	16 Read a book to your child	17 Talk to your child about dialing 9-1-1	18 Stay in pajamas all day Write (or draw) a story
19 Donate food to your local food bank Play a card game Play with a balloon	20 Learn a new word Play a video game with your child	21 Find a sample of your state tree Take a train or bus somewhere	22 Cook dinner with your child Paint with water colors	23 Make playdough Turn your sheet and table or couch into a tent	24 Make a rubbing of tree bark Plant a pot of herbs	25 Eat a sandwich Have your favorite dessert Make a bookmark
26 Daylight Savings Time Ends Learn about a piano Visit your library	27 National Stamp Collecting Month Start a stamp collection	28 Go for a bike ride Learn about the Constitution	29 Bake pumpkin seeds Carve a jack-o-lantern	30 Make a wish on a star Share family photos	31 Halloween Talk with your child about Halloween safety	